# Sherry Buffington's CORE MAP Assessment Tool

**The CORE Multidimensional Awareness Profile®**

**Definition:**
An assessment that includes analysis of natural and conditioned traits, development levels of essential competencies, emotional intelligence, coping patterns, which behaviors create stress and which motivate and energize, are all presented in one unified system.

**Assessment Combinations (144):**

**Styles of Behaviors**
- Commander
- Organizer
- Relater
- Entertainer

**Type of Behavior**
- Positive
- Midrange
- Negative

**Development Level**
- Developed
- Underdeveloped
- Undeveloped

**Patterns:**
- From Each Assessment there are numerous patterns that will be part of the AI Assessment
- Coaching by the AI CORE Map will be delivered on a SAAS basis and will help the individual make changes to their behaviors over time

**CORE MAP Characteristics**
- Comprehensive
- Cannot mask results
- Awareness
- Natural and Coping Skills
- Performance under levels of stress
- Performance Optimization Plan

**Coaching Outputs:**
- Utilization of Natural Skills (energizing) and Coping Skills (draining)
- Increase happiness and drive
- Engagement
- Measure Changes over time
- Leadership Matching Issues
- Culture Matching Issues

**Consulting Potentials:**
- Teambuilding
- Change Management
- Sales
- Conflict Resolution
- Interpersonal Management Skills